




Appetizers

Shrimp Cocktail (10 shrimp).....	7.99
Steamed Mussels (with drawn butter)	9.99
 Garlic Brewed Mussels	12.99
<i>Brewed with garlic butter, onions & dark beer.</i>	
 Homemade Onion Rings (fresh sliced & hand breaded)	6.99
Breaded Fresh Mushrooms (with ranch dressing).....	4.99
Mozzarella Sticks (with marinara sauce).....	7.99
Boneless Chicken Fingers (with hot sauce or ranch dressing)	7.99
Buffalo Shrimp (with hot sauce & Bleu Cheese dressing).....	7.99
Crab Cakes (with house Remoulade sauce).....	9.99
Potato Skins (topped with cheese & bacon)	5.99

Chowders & Stew

 Haddock Chowder	Cup 4.99	Bowl 6.99
Clam Chowder	Cup 4.99	Bowl 6.99
Lobster Stew	Cup 7.99 ..	Bowl 12.99
<i>Add additional lobster meat for 3.50 per oz.</i>		

Salads

House Salad	3.99
Boneless Chicken Tossed Salad	7.99
Shrimp Tossed Salad (8 shrimp).....	7.99
Lobster Salad Platter (Quarter pound of claw & knuckle lobster meat over crisp romaine salad blend).....	16.99


Add a house salad to any meal for 3.29


SALAD DRESSINGS

Fat Free Italian, Bleu Cheese, Ranch, Balsamic Vinaigrette.

Sandwiches

Served with Fries

 Lobster Roll (Chunks of claw & knuckle lobster meat mixed with mayo over lettuce).....	12.99
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 Ultimate Lobster Roll	19.99
<i>(6 oz. of claw & knuckle lobster meat mixed with mayo over lettuce)</i>	

Fried Haddock Roll (with tartar sauce – Add cheese for 50¢).....	7.99
Fried Chicken Roll (with lettuce & tomato)	7.99
*Loaded Burger (with cheese, bacon, onion, lettuce & tomato).....	7.99

From the Sea




GOLDEN FRIED

*Fried in 100% trans fat free cooking oil.
Fried meals served with fries & cole slaw.*

Fried Haddock	11.99
Fried Sea Scallops	18.99
Fried Clams (whole)	17.99
Fried Native Shrimp	11.99
Fried 1/2 & 1/2	17.99
<i>Choice of Sea Scallops, Clams, Native Shrimp, or Haddock.</i>	
Seafood Platter	22.99
<i>Combination of Whole Clams, Scallops, Native Shrimp & Haddock.</i>	

BAKED & SAUTÉED

*Served with choice of potato, rice, fries
potato wedges & cole slaw or vegetable.*

 Sautéed Lobster Plate	24.99
<i>Generous portion of chunks of Lobster Meat sauteed in butter.</i>	
Fresh Baked Lobster Pie	21.99
<i>Chunks of lobster meat baked with butter & topped with Ritz cracker crumbs.</i>	
Lobster Stuffed Haddock (with house made lobster stuffing)	17.99
 Baked Haddock	12.99
<i>Baked with lemon butter & topped with Ritz cracker crumbs.</i>	
Baked Sea Scallops	18.99
<i>Baked with lemon butter & topped with Ritz cracker crumbs.</i>	
Haddock Dijon	13.99
<i>Baked with our honey dijon mustard sauce & topped with Ritz cracker crumbs.</i>	
Baked Haddock Nova Scotia	13.99
<i>Topped with chopped tomatoes, onions & bacon.</i>	
Parmesan Crusted Haddock	13.99
<i>Topped with Parmesan cheese & Ritz cracker crumbs.</i>	
Baked 1/2 & 1/2	17.99
<i>Choice of Sea Scallops, Shrimp or Haddock, baked with lemon butter & topped with Ritz cracker crumbs.</i>	
 Baked Lobster, Scallops, Shrimp & Haddock Medley	20.99
<i>Baked with lemon butter & topped with Ritz cracker crumbs.</i>	
Fresh Grilled Salmon	14.99

PLEASE NOTE:

Prices subject to change.

**This food is or may be served raw or undercooked or may contain raw or undercooked foods. Consumption of this food may increase the risk of foodborne illness. Please check with your physician if you have any questions about consuming raw or undercooked foods.*

 *Lobster Trap favorites*

LOBSTERS & STEAMED CLAMS

Priced Daily ~ Check Our Specials Menu

*STEAK SPECIALS

Offered Daily ~ Check Our Specials Menu

From the Land

Grilled Boneless Chicken	10.99
<i>Served over rice with cole slaw or vegetable</i>	
BBQ Grilled Chicken (with Sweet Baby Ray's sauce)	10.99
<i>Served over rice with cole slaw or vegetable</i>	
Fried Boneless Chicken Tenders (with sweet & sour sauce).....	9.99
<i>Served with fries and cole slaw or vegetable</i>	

On The Lighter Side

GOLDEN FRIED

Fried meals served with fries & cole slaw.

Fried Haddock	8.99
Fried Sea Scallops	13.99
Fried Clams (whole)	12.99
Fried Native Shrimp	8.99
Seafood Platter	17.99

BAKED

*Served with choice of potato, rice, fries
potato wedges & cole slaw or vegetable.*

Baked Haddock	9.99
Baked Sea Scallops	13.99

LUNCH ENTRÉES

Served from 11:00 am to 4:00 pm.

Monday through Saturday.

Full dinner menu also available during lunch hours.

From the Sea

GOLDEN FRIED

All fried meals served with fries & cole slaw.

Fried Haddock	7.99
Fried Sea Scallops	13.99
Fried Clams (whole)	11.99
Fried Native Shrimp	7.99
Fried 1/2 & 1/2	12.99
<i>Choice of Sea Scallops, Clams, Native Shrimp, Haddock or Bay Scallops.</i>	
Seafood Platter	17.99
<i>Combination of Whole Clams, Scallops, Native Shrimp & Haddock.</i>	

BAKED

*Served with choice of potato, rice, fries,
potato wedges & cole slaw or vegetable.*

Baked Haddock	8.99
<i>Baked with lemon butter & topped with Ritz cracker crumbs.</i>	
 Baked Haddock Nova Scotia	9.99
<i>Topped with chopped tomatoes, onions & bacon.</i>	
Baked Sea Scallops	13.99
<i>Baked with lemon butter & topped with Ritz cracker crumbs.</i>	
Parmesan Crusted Haddock	9.99
<i>Topped with Parmesan cheese & Ritz cracker crumbs.</i>	
Haddock Dijon	9.99
<i>Baked with our honey dijon mustard sauce & topped with Ritz cracker crumbs.</i>	
Baked 1/2 & 1/2	13.99
<i>Choice of Sea Scallops, Shrimp or Haddock, baked with lemon butter & topped with Ritz cracker crumbs.</i>	
Fresh Grilled Salmon	9.99

From the Land

Grilled Boneless Chicken	7.99
<i>Served over rice with cole slaw or vegetable</i>	
BBQ Grilled Chicken (with Sweet Baby Ray's sauce)	8.99
<i>Served over rice with cole slaw or vegetable</i>	
Fried Boneless Chicken (with sweet & sour sauce)	7.99
<i>Served with fries and cole slaw or vegetable</i>	

Children's Menu (12 and under)

Served with Fries.

Fried Boneless Chicken Tenders	5.99
Fried Shrimp	6.99
Cheeseburger	6.99
Haddock Nuggets	5.99

Side Orders

Sweet Potato Fries	2.99
Fries	2.59
Baked Potato	1.99
Potato Wedges	1.99
Rice Pilaf	1.99
Cole Slaw	1.99
Vegetable of the Day	1.99
Bleu Cheese Dressing50
Cocktail Sauce50
Drawn Butter50
Lemon Wedges50

Beverages

Coffee or Tea • Hot Chocolate

Milk • Chocolate Milk

Water (Bottled)

Elis Root Beer (Bottled) • Elis Blueberry (Bottled)

Pepsi, Diet Pepsi, Sierra Mist, Ginger Ale, Mountain Dew,

Raspberry Iced Tea • Iced Tea & Iced Coffee

Lemonade (Seasonal)

Cranberry Juice • Orange Juice • Apple Juice

